

## WORK EXPERIENCE

**04/2024 – 04/2025** Budapest, Hungary

**Research assistant** Hungarian Demographic Research Institute  
qualitative and quantitative research work in the project : "**Transforming Anxieties of Ageing in Southeastern Europe. Political, Social, and Cultural Narratives of Demographic Change**", funded by VolkswagenStiftung, 2023–2027, in the program "Challenges for Europe: The Greying Continent"

**2023 – CURRENT** Cluj Napoca

**Board Chair** Association of Hungarian Doctoral Students and Young Researchers in Romania

**12/2021 – CURRENT** Amsterdam, Netherlands

**Project manager** SciLink Foundation

Developing transversal skills and mental health among researchers. Organising events and conferences through Doctoral Networks and COST Actions, writing research and project proposals, managing Erasmus+ and Horizon projects.

**2020 – CURRENT**

**Freelancer writer** Communitas Creative Scholarship

**2019 – CURRENT** Cluj Napoca, Romania

**Student College Leader** Max Weber Social Sciences College

**2018 – CURRENT** Cluj Napoca, Romania

**Seminarist, assistant teacher** Babeş-Bolyai University

- Methodology of research
- Qualitative research methodology
- Modern social theories
- Introduction in Sociology
- Introduction in Statistics

**2018 – CURRENT**

**Vice-President, Board member** Renasterea Association

- the Association operates a Playhouse/Kindergarden for roma children in Glodeni

**11/2018 – 03/2019** Cluj Napoca, Romania

**Researcher** Kvantum Research S.R.L.

- participating in Erdélystat project
- desk research about hungarian organisations in Transilvania

**04/2018 – 07/2018** Mera, Romania

**Primary school teacher** Diakónia Keresztény Alapítvány - Diakónia Christian Foundation

-teaching and tutoring disadvantaged students, specially from roma community, organizing extracurricular activities

● **09/2017 – 12/2017** Cluj Napoca, Romania

● **Event assistant** Prisma Association

● **08/02/2016 – 30/06/2017** Cluj-Napoca

● **Office manager** Magyar Civil Szervezetek Erdélyi Szövetsége (FONMT)

-research work  
-administrative work  
-PR and communication  
-project management

● **22/05/2017 – 26/05/2017** Budapest, Hungary

● **Researcher** Nemzetpolitikai Kutatóintézet (NPKI) - National Policy Research Institute

● **02/11/2015 – 31/12/2015** Târgu-Mureș

● **Researcher - sociologist** Romanian Institute for Research on National Minorities

- research work in a roma project: SocioRoMap (*Socio-graphic mapping of the Roma Communities in Romania for a community-level monitoring of changes with regard to Roma integration (SocioRoMap)*)

● **2013** Cluj Napoca

● **Researcher** Quantum Research

## EDUCATION AND TRAINING

● **2018 – CURRENT** Cluj Napoca, Romania

● **PhD** UBB, Doctoral School of Sociology

Research topic: Internet usage habits and the phenomenon of cyberbullying among high school students.

● **2016 – 2018** Cluj Napoca, Romania

● **MA, Applied Theology, Pastoral-Psychology** UBB

● **2015 – 2017** Cluj Napoca

● **MA, Applied sociology in organising governmental institutes and NGO-s** UBB, Sociology and Social Work Faculty

● **2012 – 2015** Cluj Napoca

● **BA - Sociology** UBB, Sociology and Social Work Faculty

● **2008 – 2012** Targu Mures

● **High School graduation** Bolyai Farkas Elméleti Liceum (Bolyai Farkas Theoretic High School)

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Hungarian

## Other language(s):

Romanian

Listening C1

Spoken production C1

Reading C1

Spoken interaction C1

Writing C1

## English

Listening C1

Spoken production C1

Reading C1

Spoken interaction C1

Writing C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## PUBLICATIONS

### Hungarian Publications

- 1.Rusu Szidónia (2015). Volunteering patterns among high school students in Northern Transylvania and Szeklerland**, In: Transylvanian Society
- 2.Rusu Szidónia (2016). Migration, tourism, travelling** In: Hajdu, Á; Kovács, K; Marelyn, Kiss J; Nádas, Zs; Szász, J - Marelyn, Kiss J; Nádas, Zs (szerk.) Kincses Kolozsvár 2015.
- 3.Rusu Szidónia (2017). Religious patterns among high school students** In: Bodó Barna (edit.): Transylvanian-Hungarian Civic Yearbook 2016-2017,
- 4. Rusu Szidónia (2018). The civic role of Transylvanian Reformed Church** In: Bodó Barna, Szoták Szilvia (edit.): Border Situations X: Youth, Science-politics, vision: Prospects and challenges in the Carpathian Basin, Budapest.
- 5. Rusu Szidónia (2019). The nature of school abuse and suggestions for solutions** Review: Baxter-Dáné Gabriella, Keresztesi Polixéna, Nagy Wolf Ildikó, Ráduly-Zörgő Éva és Vitus-Bulbuk Emese (edit.): School Abuse
- 6.Rusu Szidónia (2020). Sociology Reloaded. Review: Dessewfy Tibor: Digital Sociology.** In: Transylvanian Society. 2020/2
- 7.Rusu Szidónia (2020). Media use. Digital divide and media use among the Hungarian youth in Transylvania.** In: Hungarian Youth in Transylvania. Sociological characteristics and changes between 2001 and 2016 Cluj-Napoca. In: University Publisher of Cluj Napoca, Max Weber Foundation for Social Research
- 8.Rusu Szidónia (2021).Internet use habits and digital divide among Hungarian high school students from Transylvania.** In: Apró István (edit.): Media and Identity 4.
- 9.Rusu Szidónia (2021).Online education. Policy paper**
- 10.Lázár Bea - Rusu Szidónia (2022). The Good Student Is Being Tested – Attitudes towards Online Education among Hungarian Students in Transylvania.** In: Korunk
- 11.Székely Levente - Rusu Szidónia (2022). Media use and new media** In: Kisebbségi Szemle
- 12.Vita Emese - Rusu Szidónia (2022). Hungarian PhD students from Transylvania on the paths of professional and personal happiness,** IN: KAPOCS
- 13.Rusu Szidónia(2022).iGeneration - digitalization among hungarian youth.** IN: YZ Folyóirat
- 14.Gábor Kismihók et. al (2022). Hungarian Translation of Researcher Mental Health and Well-being Manifesto**
- 15.Rusu Szidónia - Székely Levente (2023). Media and content consumption characteristics of Hungarian youth in the Carpathian Basin.**IN: Veres Valér,Vita Emese. Changing youth in the Carpathian Basin countries: sociological studies on two decades of Hungarian youth (2023)
- 16.Dániel Botond, Göthér Zoltán, Hegyi Kamilla, Rusu Szidónia (2023). Youth programmes, volunteering.** I N: Veres Valér,Vita Emese. Changing youth in the Carpathian Basin countries: sociological studies on two decades of Hungarian youth (2023)
- 17.Rusu Szidónia - Vita Emese (2024 december). "Happy are those who... stick to what they believe in." Satisfaction and well-being of Hungarian PhD students in Transylvania.** IN: Korunk
- 18.Szabó Júlia - Rusu Szidónia (2024 december). Situation and vision of the disadvantaged Roma population in Transylvania.**

### English Publications

- 1.Brinzan Antal Cristina - Rusu Szidónia (2022). A situation report of the Transylvanian civil sphere in the information society.** In: Civil Szemle.Special Edition
- 2.Szidonia Rusu, Emese Vita, Gábor Kismihók, Francisco Valente Gonçalves, Inês Gaspar, Mathias Scroijen, & Ádám Keszler. (2023). OSCAR Learning and Mentoring Exploitation Plan.** Zenodo. <https://doi.org/10.5281/zenodo.8428721>

3. **Rusu Szidónia (2024 december). Left Behind? - An Empirical Analysis of Co-actions of Social and Digital Factors in Romania.** Under Publication. IN: Digicult. Scientific Journal on Digital Cultures

4. **Rusu Szidónia - Brian Cahill - Gábor Kismihók (2024). Social Impact Assessment (SIA). Life after the Researcher Mental Health and Well-being Manifesto.** Under publication

## PROJECTS

### Projects

#### **2020-2024: Domus Scholarship**

Digitalisation patterns research projects, Budapest

#### **2023 december - 2024 may: Roburse scholarship and research mobility**

TIB - German National Library of Science and Technology and University Library of the Leibniz Universität, Hannover

#### **2021 - 2024: ReMO (Research Mental Health Observatory) COST Action**

-research work, conference organising

#### **2021: Sociologist, expert**

Momaja Expert SRL

#### **2021: Researcher, sociologist**

Műhely Foundation, Domus Scholarship

Title of research: Work-life balance and well-being issues of Hungarian PhD students in Transylvania

#### **2021: Researcher, sociologist**

Max Weber Foundation for Social Researches

Roma integration research

#### **2020-2021: Researcher, sociologist**

Divers Association

Social Impact Analysis of a POCU roma integration project

#### **2020-2021: Creative Scholarship**

Communitas Foundation, Literature section

#### **2019: Research coordinator, Researcher**

Bálványos Institute, Cluj Napoca

-Odorheiu Secuiesc public life, media and language use research

#### **2019- 2021: Vice-president**

Association of Hungarian Doctoral Students and Young Researchers in Romania

#### **2018-2019: Researcher**

Kvantum Research Company, Cluj Napoca

- desk-research about hungarian-transylvanian civic sphere

#### **2018-2019/2019-2020: Scholar**

ELTE Doctoral Program

#### **2018: Research Coordinator**

National Policy Research Institute, Budapest

-recruiting, training and performing administrative activities for interviewers

#### **2017: Project manager**

Prisma Foundation

#### **2017: Project coordinator**

72 hours without Compromises, Transylvania

-organizing and coordinating a voluntary action in Transylvanian

#### **2016-2017: Scholar**

Márton Áron College, Balassi Institute, Budapest

-active participation in research programs, professional trainings, conferences

#### **2015-2016: Research Assistant**

Max Weber Foundation for Social Sciences and

National Strategy Research Institute, Budapest

#### **Volunteer work:**

**2018-2023 : GRACE mission, Kenya**

**2017-2018: YMCA -Cluj Napoca, Cluj Napoca**

**2013-2015: Hungarian American Fellowship, Budapest**

**2013-2014: Preventis Association, Cluj Napoca**

**2013-2014: AKSZA House, Cluj Napoca**

**2013: Diakónia "Good-sibling" Elderly Home, Cluj Napoca**

**2013-2017: Solidaris Association - Phone Charity Service**

**2013-2018 : Teleios Ministry Association**

## ORGANISATIONAL SKILLS

### Organisational skills

- good organizational skills, which I acquired as an employee of MCSZESZ and as an active member of the Max Weber College and as a chairman of RODOSZ (organizing Sociologist Days, active participation in organizing MSZT conferences, organizing film evenings, professional evenings, mini-conferences, monthly PhD meetings, Connecting the Dots International PhD Conference, ReMO Conference) and during my volunteer activities (organizing children's camps, active participation, leading children and teen groups)

-good leadership skills that I acquired as a project coordinator in several research and community projects

## COMMUNICATION AND INTERPERSONAL SKILLS

### Communication and interpersonal skills

- good communication and initiative skills, which I acquired during my volunteer work and research work

## JOB-RELATED SKILLS

### Job-related skills

-good communication skills in Hungarian, Romanian and English, right now I am learning German language  
-ability to work in a team -flexibility and adaptability to new situations -application writing experience (applications submitted to Bethlen Gábor Fund, DRI and Communitas Foundation, Erasmus+)  
-accurate and professional performance of administrative tasks  
-good organizing and coordinating skills  
-Knowledge of various research and data analyse methods: SPSS, GEPHI, Atlas.ti, MAXQDA, high level use of statistical and analytical programs

## PRESENTATIONS

### Scientific presentations and conferences

Digital inequalities  
RODOSZ Conference, 2020. february

Well-being and work life balance of a PhD student in Transylvania  
MSZT Conference, 2021 october 15.

Media, new media  
NPKI Conference, 2021 nov. 4.

Digitalization of youth in Transylvania  
Karrierlránytű MTA Domus Conference, 2021.dec. 2

Stay connected. Digital divide in Transylvania  
DigiGen Conference, 2021. nov.

Digitalization and digital divide among youth in Transylvania  
IDK Conference, Pécs, 2021 nov.

Z Generation and digitalization  
Tavaszi Szél Conference, Pécs, 2022 may.

The economic factors and co-actions of digitalisation  
DOSZ Conference, Budapest, 2023

Digitalisation and effects of AI  
Tavaszi Szél Conference, Miskolc, 2023

Mental health and digitalisation  
Annual meeting of medical sphere in Transylvania, 2023

We're setting up a network in Cluj Napoca. Online representations of offline spaces and connections.  
Sociological Days, Cluj-Napoca, 2024

ReMO Social Impact Analysis  
ReMO Conference, Budapest, 2024

ReMO Social Impact Analysis  
ReMO Stakeholder meeting, Brussels, 2024

Left Behind? - An Empirical Analysis of Co-actions of Social and Digital Factors in Romania  
European Sociological Association Conference, Porto, 2024