

# ANDREEA RUSU

QA MANAGER | RESEARCH/TEACHING ASSISTANT |  
PROJECT MANAGER | TRAINER | PV SPECIALIST

Data

Semnatura

28.08.2024

## PERSONAL PROFILE

I am a Quality Assurance Professional and a PhD candidate in the field of Public Health (Public Administration and Public Policies), with a strong life sciences background. Additionally, I am a passionate and experienced freelance translator and a certified project manager and trainer.

## EDUCATION BACKGROUND

Babes-Bolyai University  
Cluj-Napoca

DEPARTMENT OF  
PUBLIC HEALTH

- Phd candidate

University of Medicine and Pharmacy  
Cluj-Napoca

NUTRITION AND QUALITY OF LIFE,  
MSC

- Students' Representative

University of Medicine and Pharmacy  
Cluj-Napoca

NUTRITION AND DIETETICS, BA

- Students' Representative
- Volunteer at the Organization of Pharmacy Students (OSF)

## PUBLICATIONS

- Rusu A, Blaga O, Bucevschi M, Meghea C. Co-designing a mHealth intervention to prevent smoking relapse after birth. Romanian Journal of Applied Psychology. 2020; 22(1): 21-25. DOI: 10.24913/rjap.22.1.04
- Dascal M, Rusu A, Onisor A, Blaga O, Miller M, Meghea C. An mHealth intervention to prevent postnatal smoking relapse: The RESPREMO study protocol. Tobacco Prevention & Cessation. 2020;6(April):24. doi:10.18332/tpc/118724.
- Hostina A, Chereches RM. The use of mHealth technology in smoking cessation interventions for pregnant women: the emerging field of eHealth and mHealth in Romania. Cluj-Napoca: Transylvanian International Conference in Public Administration – proceedings paper; 2018 (ISBN:978-606-561-184-9; Accession Number: WOS:000442554700016)
- Veresiu IA, Balota G, Fazakas E, Hadarean I, Herman C, Hostina A et al. Recomandări de intervenții nutriționale la pacienții spitalizați (Nutritional recommendations for hospitalized patients). Cluj-Napoca: Echinox; 2015 (ISBN 978-606-512-048-8)

## FREELANCE WORK

- Registered Dietitian • 2013 - present
- Translator (EN-RO; RO-EN) • 2015 - present



+40-747-271-807



Cluj-Napoca, Romania



andreeah.rusu@gmail.com

## WORK EXPERIENCE

### Quality Assurance Manager

ATRACORE • JAN 2021 TO PRESENT

Maintain and improve the Quality System of the company/customer | Work with teams within the organization to determine and establish procedures and quality standards | Ensure ongoing compliance with quality and industry regulatory requirements | Train employees on QA principles and ensure that their regulated documents are up-to-date | Act as a catalyst for change and improvement in performance/quality

### Pharmacovigilance Specialist/LPPV

INSUVIA • OCT 2021 TO PRESENT

Assure compliance with local Quality Management System | Interact and exchange relevant safety and pharmacovigilance information with local Competent Authorities, BCR and BCR contractual partners | Assure timely processing and reporting of safety information at local level in relation to BCR contractual partners' medicinal products.

### Teaching Assistant

BABES-BOLYAI UNIVERSITY • OCT 2017 TO PRESENT

Courses: Introduction to Research Methods; Social Determinants of Health; Social and Behavioral Aspects of Public Health; Human Resources; Critical Thinking.

### Research Assistant

BABES-BOLYAI UNIVERSITY • SEP 2017 TO PRESENT

Research Projects: A mHealth intervention to prevent smoking relapse after birth | COVID-19 Health Literacy Survey: University Students (COVID-HL Survey) | ROSE (Romanian Secondary Education Project) | Wello School of Health

### Assistant Editor

MDPI • MAY 2020 TO NOV 2020

Support the editorial process for academic research journals | Organize peer review for submitted manuscripts and coordinate editorial decisions | Handle email communication between the parties involved in the publication process | Ensure that scholarly articles are accurately edited and published according to tight deadlines with a high degree of consistency

### Freelance Writer

SYMPTOMA • JUL 2017 TO JAN 2018

Translation and localizing of the disease and drug database

### Pharmacovigilance Assistant

TERAPIA, A SUN PHARMA COMPANY • MAR 2015 TO SEP 2017

Serious Adverse Events (SAE) reporting and processing | Coding SAEs using MedDRA | Data entry of SAEs using Argus Safety Database | Generating patient narratives

### Dietitian

KINETOMED MEDICAL RECOVERY CENTER • MAY 2014 TO MAY 2016

Professional nutritional counseling

### Nutrition Consultant

WELLD00 • JUNE 2014 TO JUNE 2015

Writing recipes that match the requested calorie groups | Providing specialized information regarding Romanian traditional eating habits.

- 2019 – Andreea Rusu, Marina D. Dascal, Cristian I. Meghea. 19th SRNT Europe Conference, 12-14 September, Oslo, Norway, Development of the Stay Quit Together mHealth intervention – poster presentation
- 2019 – Marina D. Dascal, Andreea Rusu, Cristian I. Meghea. 19th SRNT Europe Conference, 12-14 September, Oslo, Norway, Follow-up feasibility and biochemical verification in a postnatal smoking relapse prevention intervention – poster presentation
- 2019 – Andreea Hostina, Oana M. Blaga, Cristian I. Meghea, Marina D. Dascal. Annual conference of the Society for Research on Nicotine and Tobacco, 20-23 February 2019, San Francisco, USA, Preliminary feasibility and acceptability of Stay Quit Together – a smoking relapse prevention intervention – poster presentation
- 2018 – Andreea Hostina, Cristian Meghea, Oana Blaga, Melisa Bucevschi. SRNT Europe 18th Annual Conference, 6-8 September 2018, Munich, Germany, Use of a visually-built platform to deliver mHealth interventions: A case study on the use of the Textit platform to deliver SMSs to prevent smoking relapse after birth – poster presentation
- 2018 – Andreea Hostina, Cristian Meghea, Oana Blaga, Melisa Bucevschi. 3rd International Conference of the European Network for Smoking and Tobacco Prevention, 14-16 June 2018, Madrid, Spain, Pre-testing mHealth interventions: a case report – poster presentation
- 2017 – Andreea Hostina. Nutrition – Medicine of the future 7th Conference, 23-24 November 2017, Cluj-Napoca, Romania, Good practices in developing mHealth interventions: A case study on a mHealth intervention to prevent smoking uptake after birth – oral presentation
- 2017 – Andreea Hostina. Transylvanian International Conference in Public Administration, 2-4 November 2017, Cluj-Napoca, Romania. A rapid review on the development and pre-testing of mHealth interventions: Good Practices – oral presentation
- 2013 – Andreea Hostina. Nutrition – Medicine of the future 3rd Conference, 24-25 October 2013, Cluj-Napoca, Romania. The management of eating disorders – oral presentation

## CERTIFICATES (SELECTION)

- Mar 2021 – Quality Management for Distribution of Medicines & Good Distribution Practice
- Mar 2021 – Internal Auditor
- Dec 2018 – Certified Project Manager (Romanian Ministry of Labor)
- Apr 2018 – Certified Trainer (Romanian Ministry of Labor)
- Dec 2017 – Protecting Human Research Participants (NIH Office of Extramural Research)
- Sep 2017 – Good Clinical Practices (NIDA Clinical Trials Network)
- Nov 2016 – Translator in the field of medicine and pharmacy (Romanian Ministry of Culture)
- Apr 2014 – Basic accountability (Romanian Ministry of Labor)
- Jul 2009 – Certificate of professional competence – Computer operating skills
- Mar 2008 – Cambridge Certificate in Advanced English (CAE)

## SKILLS

- **Foreign languages:** English – advanced; Spanish – medium; French – medium
- **Organizational skills:** very good team-worker, mediation skills, very good organizer, result-oriented, able to work with deadlines or under pressure, very fast learner.
- **Social competences:** responsible, able to quickly adapt to new environments, very good orientation skills.
- **Computer competences:** very good knowledge of Microsoft Office, Prezi, Internet, Google Tools (Docs, Gmail, Drive etc.), MedDRA, Argus Safety Database, MAXQDA. Able to quickly learn specialized computer programs.
- **Driving license:** B category, since 2008

