



Igreț Ioana Raluca

Nationality:	Phone number:	Email address:	Email address:
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● EDUCATION AND TRAINING

01/10/2017 – CURRENT Cluj-Napoca, Romania
PHD CANDIDATE Babeș-Bolyai University

PHD Candidate in Administration and Public Policies
Faculty of Political, Administration and Communication Sciences; Doctoral School of Administration and Public Polices;
English Line.

01/10/2014 – 01/07/2016 Cluj-Napoca, Romania
MA DEGREE IN COMMUNITY DEVELOPMENT & URBAN PLANNING Babeș-Bolyai University

Faculty of Political, Administration and Communication Sciences; Department of Public Administration; English Line.

22/08/2015 – 30/08/2015 Copenhagen, Denmark
CERTIFICATE IN CRIME PREVENTION THROUGH URBAN DESIGN AND PLANNING EU COST (Cooperation in Science and Technology) ACTION TU1203

COST ACTION – Summer Training School in Copenhagen;
EU COST (Cooperation in Science and Technology) ACTION TU1203 on Crime Prevention through Urban Design and Planning.

01/10/2011 – 01/07/2014 Cluj-Napoca, Romania
BA DEGREE IN JOURNALISM Babeș-Bolyai University

Faculty of Political, Administration and Communication Sciences; Department of Journalism; English line.

01/09/2012 – 15/01/2013 Madrid, Spain
ERASMUS CERTIFICATE IN MEDIA STUDIES Universidad Carlos III de Madrid

Faculty of Film and Media Studies.

01/10/2007 – 01/07/2010 Cluj-Napoca, Romania
CERTIFICATE OF GENERAL UNIVERSITY STUDIES Babeș-Bolyai University

Faculty of Theater & Television; Department of Dramaturgy.

● WORK EXPERIENCE

01/09/2021 – CURRENT Cambridge, United Kingdom
MONITORING, EVALUATION AND LEARNING FACILITATOR RURAL SENSES LTD

Project management for impact evaluation; Multi-stakeholders, multi-objective and multi-project engagement; Implementing evidence-based learning frameworks for sustainable cities dedicated to youth well-being; Stakeholder mapping; Data analysis, insight and foresight reporting for better project design and decision-making.

Website www.ruralsenses.com

Teaching online seminars on Urban planning for 2nd year BA students enrolled in Administration and Public Management track.

Editorial work for Sustainability & Administrative Sciences Journals; organizing review process for manuscripts; overseeing editorial decisions and handling the communication between the parties involved in the publication process.

Qualitative research; Knowledge management; Data analysis; Computational linguistics; Data input for helping machine learning & AI; Decision-making reports; Geopolitical mindset aiming for a sustainable world;

Support in project writing, implementation, monitoring & evaluation; PR & communication on social media platforms; Responsible for visual content (graphic design, promotional videos, annual reports, events photography); Support in trainings & delegations;

Supporting responsible managers & entrepreneurship-related projects (Event planning, PR, graphic design).

Beneficiary of Erasmus for Young Entrepreneurs exchange program.

Creating a business plan & evaluating its feasibility by exchanging views with the experienced host entrepreneur Joachim Musholt, owner of Bürgerhaus Bennohaus Media Center. Engaging in the center's activities as a media trainer and reporter; Assisting in project writing, event planning & live broadcastings held within the center's international projects.

● LANGUAGE SKILLS

Mother tongue(s): **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
FRENCH	B1	B1	B1	B1	A2
SPANISH	B1	B1	B1	B1	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● ORGANISATIONAL SKILLS

Organisational skills

Dynamic interpersonal skills & informal leadership;
Project management skills
Event planning skills by working in international European funded projects and fundraising events.

Multilateral thinking and knowledge management.
Reliability and independence.
Entrepreneurial mindset;
Observant, critical and analytical thinker.
Qualitative research;
Global mindset in analytical reports.
Data analysis and text analytics using computer-assisted tools.
Process improvement.
Photo/video editing using Photoshop, Adobe Premiere, Final Cut.
Graphic Design using Photoshop.
Advanced in using Microsoft Office packages.

● **COMMUNICATION AND INTERPERSONAL SKILLS**

Communication and interpersonal skills

Extensive communication skills in multicultural environments & international projects;
Presentations skills using Power Point & other tools;
Certified Personal Development Coach;

● **JOB-RELATED SKILLS**

Job-related skills

Qualitative Research Skills; Global mindset in analytical reports;
Data Analysis & Text Analysis skills using computer-assisted tools;

● **PUBLICATIONS**

2021

[Learning & Unlearning Sustainability: Words That Create and Words That Inhibit a Sustainable Mindset](#)

published in the e-proceedings of 2020 NISPAcee On-line Conference for PhD Students in Public Administration, October 29, 2020, Panel 3: Governance.

IGREȚ, I.R. (2021) e-proceedings NISPAcee Press

Link https://www.nispa.org/files/conferences/2020phd/e-proceedings/system_files/papers/IGREȚpaper.pdf

2019

[Learning and Unlearning Sustainability Using Computer-Assisted Tools to Explore Gaps in Sustainability Policies](#)

published in Conference Proceedings 'Transylvanian International Conference in Public Administration', 16-18 November 2018, Cluj-Napoca, Romania, pp. 289-325, Published in 2019 by Accent Publisher

IGREȚ, I.R (2019), Accent Publisher

2018

[An Institutional Vocabulary for Sustainability. The Computational Approach](#)

DOI:10.24193/subbeph.2018.1.04

FOFIU, A.; IGREȚ, I.R (2018) STUDIA UBB EPHEMERIDES, LXIII, 1, 2018 (p. 79 - 86)

● **CONFERENCES AND SEMINARS**

29/10/2020 – 29/10/2020 online

NISPAcee 2020 International PhD Conference in Public Policy

NISPAcee 2020 International PhD Conference in Public Policy, Russia & Slovakia, 29 October 2020

16/11/2018 – 18/11/2018 Cluj-Napoca

Transylvanian International Conference in Public Administration

Transylvanian International Conference in Public Administration, 16-18 Nov 2018 @FSPAC, Cluj-Napoca, Romania

01/10/2018 – 05/10/2018 Tuzing

International University Week on the Protection of Nature and the Environment in Southeast Europe

International University Week on the Protection of Nature and the Environment in Southeast Europe: Players, Discourses, Strategies of Action, 1-5 Oct 2018, @Academy for Civic Education, Tuzing, Germany

09/05/2018 – 11/05/2018 Budapest

Poltext Incubator Workshop

Poltext Incubator Workshop, 9-11 May 2018, @Department of Government and Public Policy Center for Social Sciences, Hungarian Academy of Sciences, Budapest, Hungary

18/05/2018 – 18/05/2018 Cluj-Napoca

Innovation in Journalism Education and Media Practices International Conference

Innovation in Journalism Education and Media Practices International Conference, 18 May 2018 @FSPAC, Cluj-Napoca, Romania

30/08/2013 – 05/09/2013 Nowy Sacz

8th Economic Forum for Young Leaders

8th Economic Forum for Young Leaders, 30 Aug - 5 Sept 2013 @Nowy Staw Foundation, Nowy Sacz, Poland

17/09/2014 – 24/09/2014 Cluj-Napoca

“Drive your community for better” workshop for young entrepreneurs and start-ups,

“Drive your community for better” workshop for young entrepreneurs and start-ups, 17-24 Sept 2014 @Danis Foundation for Management Development, Cluj-Napoca, Romania

03/11/2014 – 08/11/2014 Budapest

“How CSR works?” training course

“How CSR works?” training course, 3-8 Nov 2014 @ European Youth Center Budapest (EYCB), Budapest, Hungary

13/10/2013 – 20/10/2013 Yerevan

“Make your voice heard!” Seminar

“Make your voice heard!” Seminar, 13-20 Oct 2013 @Youth4Media Network, Yerevan, Armenia

01/10/2013 – 10/10/2013 Münster

“Team up!” Project

“Team up!” Project, 1-10 Oct 2013 @ Bürgerhaus Bennohaus Media Center, Münster, Germany

14/04/2013 – 23/04/2013 Istanbul

“Environmental protection & Employability” Training,

“Environmental protection & Employability” Training, 14-23 Apr 2013 @ Youth4Media Network, Istanbul, Turkey

09/10/2011 – 16/10/2011 Zaltibor

“Video journalism: Youth media for work” Training,

“Video journalism: Youth media for work” Training, 9 - 16 Oct 2011 @Vega Center, Zlatibor, Serbia

● **CERTIFICATIONS**

01/07/2019 – CURRENT

Certified Personal Development Coach

Certified Personal Development Coach (COR 242324 / Jul 2019, Romania)

01/08/2015 – CURRENT

Certified in CP-UPD

Certified in CP-UPD (Crime Prevention through Urban Design & Planning) Cost Action TU 1203 / Aug 2015, Denmark)

01/01/2014 - CURRENT

New Entrepreneur in Erasmus for Young Entrepreneurs EU Programme

New Entrepreneur in Erasmus for Young Entrepreneurs EU Programme (RLT144016 / Jan 2014, Germany)