



## Dafna Armoza-Levi

### ABOUT ME

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A doctoral student in education. Lecturer and pedagogical instructor at the Kaye academic college for education in Be'er Sheva, Israel, in the academic retraining program - "Shahaf" and in the pre-school training program. A Lecturer to kindergarten teachers in training courses on behalf of the Ministry of Education, focusing on positive psychology, social-emotional learning, resilience development, positive education, and personal and professional well-being.

Additionally, a personal coacher for children and youth to develop self-confidence, social skills and overcome difficulties.

I previously worked as a kindergarten teacher for about 23 years, of which eight years I managed an experimental kindergarten of the Ministry of Education in Israel, which adapts the principles of positive psychology to preschool children. The experiment was presented at a conference in 2017.

### WORK EXPERIENCE

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#### Lecturer and pedagogical instructor

**Department of professional retraining for academics, Kaye Academic College of Education** [ 01/2020 – Current ]

City: Be'er Sheva | Country: Israel

- Academic lecturer for students in preschool education track
- Pedagogical instructor for students in preschool education track

#### Emotional and social coacher for children and youth

**Self employed** [ 04/2019 – Current ]

City: Tzur HAdassa | Country: Israel

- Helping children to overcome emotional and social challenges using tools from positive psychology, Mindfulness, NLP and more.

#### Pedagogical instructor, Early age department

**Kaye Academic College of Education** [ 09/2018 – Current ]

City: Be'er Sheva | Country: Israel

#### Kindergarten teacher

**Ministry of Education** [ 1996 – 2018 ]

City: Tzur Hadassa | Country: Israel

Organizing and managing the educational team, preparing education programs suitable for the age and children needs, managing the kindergarten budget, building yearly, monthly, weekly, and daily programs, working with parents, working in collaboration with paramedical staff, preparing for first grade in school. Training workshops for educational teams and parents of early age children, about personal empowerment and teamwork.

From 2013-2018 I developed a unique and first of its kind program in Israel, "Empowerment and awareness in the spirit of positive psychology for education", accompanied by Dr. Niva Dolev (Head of Education and Community department, Kineret Academic College), and on behalf of department of research, development, experiments, and entrepreneurship of the Israeli ministry of education.

The program focuses in providing emotional, social, and environmental practical tools for personal empowerment. The program sees the individual and he's family as a whole and provides tools for empowering the family cell and promoting the interpersonal communication.

Managing and leading a kindergarten for preschool children, according to the program principals, using my various professional skills, among them training as a life coacher, and graduate of mediation course.

Guiding and training groups of parents and kindergarten teachers in the spirit of the program.

At the year 2017 I presented the program at the ministry of education's biennale for education designers in Israel.

## **Archives and manuscripts librarian**

*Yad Vashem institute* [ 1993 – 1997 ]

City: Jerusalem | Country: Israel

Archive and Pedagogical office, Yad Vashem holocaust memorial center.

Collect and catalogue of educational programs, materials and learning aids about the Holocaust and its teaching, guidance and advisement for teachers, students and students, providing theoretical, didactical and educational for various frameworks, running workshops and seminars, presenting various materials and didactical aids, locating material from the computerized archive.

## **EDUCATION AND TRAINING**

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### **PhD, Faculty of Psychology and Sciences of Education Doctoral School "Education, Reflection, Development"**

*Babes-Bolyai University* [ 10/2021 – Current ]

City: Cluj-Napoca | Country: Romania | Website: <https://doctorat.ubbcluj.ro/eng/>

### **M.A., family studies**

*College of Management Academic Studies* [ 2016 – 2018 ]

City: Rishon Letzion | Country: Israel | Website: <https://english.colman.ac.il/>

### **B.Ed, early age education, kindergarten/school teacher certification ages 3-8, internship for the ages 0-3**

*David Yellin Academic College of Education* [ 1993 – 1997 ]

City: Jerusalem | Country: Israel | Website: <https://www.dyellin.ac.il/en>

## **PUBLICATIONS**

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[2024]

### **[Promoting Kindergarten Teachers' Personal and Professional Well-Being Through a Program Based on Positive Psychology](#)**

Armoza-Levi, D., & Rusu, A. S. (2024). *Educatia* 21, (27), 158-169

[2023]

### **[Personal and Professional Well-Being of Kindergarten Teachers-A Systematic Literature Review](#)**

Armoza-Levi, D., & Rusu, A. S. (2023). *Educatia* 21, (25), 82-91.

[2023]

### **[Social-Emotional Learning and the Personal Well-Being of Kindergarten Teachers.](#)**

Armoza-Levi, D., & Rusu, A. S. (2023). *ERD* 2022, vol 6. (pp. 176-189).

## CONFERENCES AND SEMINARS

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[ 05/2024 ] Tel Aviv, Israel

**The Second National Conference of the Leading Pedagogical Academies** I lectured along with my colleagues about Building a digital feedback tool to accompany the educational clinical training.

[ 06/2023 ] Cluj-Napoca, Romania

**The 11th edition of the International Conference "Education, Reflection, Development"** I presented the Systematic Literature Review of my thesis.

[ 2023 ] Be'er Sheva, Israel

**"Mamreem" Conference, Kaye College** I lectured with my colleague on "How and what not in learning skills in the age of AI".

[ 06/2022 ] Cluj-Napoca, Romania

**ERD, the 10th edition of the International Conference "Education, Reflection, Development"** I presented my thesis plan "Social-Emotional Learning and The Personal Well-Being Of Kindergarten Teachers".

[ 03/2022 ] Netivot, Israel

**"Opening Doors" Conference - Pedagogical Resilience in Internship and Entry into Teaching** I lectured with my colleagues of "Supporting autonomy and promoting initiatives in the "Promentors" community in the city of Be'er Sheva through peer mentoring (PGM) and using the language of music".

[ 2017 ] Israel

**The ministry of education's biennale for education designers** I presented the program I developed for kindergarten education "Empowerment and awareness in the spirit of positive psychology for education". The program focuses in providing emotional, social, and environmental practical tools for personal empowerment. The program sees the individual and he's family as a whole and provides tools for empowering the family cell and promoting the interpersonal communication.