

EUROPEAN MODEL FOR THE CURRICULUM VITAE

Surname and name PhD student MANCINI NICOLA

WORKING EXPERIENCE

- Dates (from - to) 01/10/2020 to date
- Company name and city BABES -BOLYAI UNIVERSITY, Faculty of Physical Education and Sport; Cluj –Napoca (RO)
- Type of company/business sector Statale - Istruzione
- Working position PhD in Sport and Physical Education Science

- ACADEMIC years (from – to) A.Y. 2014/15, A.Y. 2015/16, A.Y. 2016/17 , A.Y. 2017/18
- Company name and city UNIVERSITY OF BARI “Aldo Moro”, Department of Basic Medical Sciences Neurosciences and Sense Organs.
- Main duties and responsibilities Teaching (21 hours) of "Functional biomechanics and measurement systems" at the I Level Master in "Basic Posturology and Biomechanics"
Contract teacher

- ACADEMIC years (from – to) A.Y. 2009/10, A.Y. 2010/11,
- Company name and city UNIVERSITY OF FOGGIA, Faculty of Medicine and Surgery of Foggia
- Main duties and responsibilities Teaching (20 hours) of "Biomechanics" in the Master's Degree Course in Sciences and Techniques of Preventive and Adapted Motor Activities and to have held ordinary and extraordinary exam dates.

- ACADEMIC years (from – to) A.Y. 2008/09, A.Y. 2009/10 , A.Y. 2010/11,
- Company name and city UNIVERSITY OF FOGGIA, Faculty of Medicine and Surgery of Foggia
- Main duties and responsibilities Teaching (20 hours) of "Biomechanics" (integrated with physical and rehabilitation medicine/pathophysiology of the musculoskeletal system) in the Master's Degree Course in Sciences and Techniques of Preventive and Adapted Motor Activities and to have held ordinary and extraordinary exam dates.

- ACADEMIC years (from – to) A.Y. 2015/16, from 15/03/2016 to 14/04/2016
- Company name and city UNIVERSITY OF FOGGIA, Department of Clinical and Experimental Medicine.
- Main duties and responsibilities Teaching (16 hours) of "Biomechanics" module I - Biomedical Sciences and Theory of Human Movement at the 1st level Master in "Osteopathic treatment of somatic dysfunctions: the spine"

- ACADEMIC years (from – to) A.Y. 2014/15
 - Company name and city UNIVERSITY OF FOGGIA, Department of Clinical and Experimental Medicine.
- Main duties and responsibilities Teaching module 7 - "Methods of Motor Evaluation" at the specialization course "Motor skills, physical education and health promotion in the developmental age: knowing, planning, realizing".
 - Dates (from - to) From 2014 to date
 - Company name and city **CONI Italian National Olympic Committee – Region Puglia**
- Type of company/business sector Sports Technical Sector
 - Working position Teacher Trainer - Regional School of Sport Coni Puglia
 - Dates (from - to) from 2013 to date
- Company name and city **CONI Italian National Olympic Committee – Region Puglia**
- Type of company/business sector Sports Technical Sector
 - Working position Provincial Technical Coordinator CONI Foggia Delegation
Coordination activity of the technical staff, projects and sports promotion events in the province of Foggia.
- Dates (from - to) From 2009 to 2013
 - Company name and city **CONI Italian National Olympic Committee**
- Type of company/business sector Sports Technical Sector
 - Working position MIUR - CONI national project trainer
- Dates (from - to) From 2012 to 2015
 - Company name and city **CONI Italian National Olympic Committee – Region Puglia**
- Type of company/business sector Promotional Sports Technical Sector
 - Working position Sports collaboration contract
- Main duties and responsibilities Regional project supervisor SBAM! (Sport, Wellness, Nutrition and Mobility) Puglia Region - CONI - MIUR - ASL for primary school
- Dates (from - to) From 2019 to 2020
 - Company name and city **Sports and Health S.p.a**
- Type of company/business sector Promotional Sports Technical Sector
 - Working position Sports collaboration contract
- Main duties and responsibilities Expert Trainer and Territorial Referent for the MIUR - CONI "Sport di Classe" national project for primary school
- Dates (from - to) 01/9/2017 to date
 - Company name and city MIUR – 1st LEVEL SECONDARY SCHOOL SANDRO PERTINI ORTA NOVA (FG) FGMM880012
- Type of company/business sector State - Education
 - Working position **MIUR teacher. Permanent contract**
- ACADEMIC years (from – to) A.Y. 2013/14 , A.Y. 2014/15, A.Y. 2015/16, A.Y. 2016/17
 - Company name and city UNIVERSITY OF FOGGIA, Department of Clinical and Experimental Medicine.
- Main duties and responsibilities Teaching (40 hours) of "Aerobic Activity for different age groups" in the Degree Course in Motor and Sports Activity Sciences and having held ordinary and extraordinary exam dates.

ISTRUZIONE E FORMAZIONE UNIVERSITARIA

- Dates (from – to) From 1/10/2020 to date
- Name and type of educational or training institution BABES -BOLYAI UNIVERSITY, Faculty of Physical Education and Sport; Cluj –Napoca (RO)
- Main studies / occupational skills covered by the study PhD School in Physical Education and Sport in CO-Tutelage with PhD course in "Neuroscience and Education" at the University of Foggia, Department of Humanities, Letters, Cultural Heritage, Education Sciences.
Research on relationships between executive functions, simple and complex reaction capacity, agility and coordination skills with the use of action perception devices.

- Date 01/02/2002
- Name and type of educational or training institution University of Foggia, Faculty of Medicine and Surgery, Degree course in Motor Sciences
- Qualification or certificate achieved Degree in Motor Sciences vote 110/110

- Date 04/11/1999
- Name and type of educational or training institution IUSM (University Institute of Motor Sciences) of Rome
- Qualification or certificate achieved Two-year specialization diploma in "Biomechanics of physical and sports education" grade 70 cum laude

- Date 18/04/1997
- Name and type of educational or training institution ISEF de L'Aquila, decentralized office of Foggia
- Qualification or certificate achieved **Diploma in Physical Education 110 cum laude**

- Date 21/12/2005
- Name and type of educational or training institution University of Foggia, Faculty of Medicine and Surgery, Degree course in Motor Sciences
- Qualification or certificate achieved First level Master in Theories and Methods of Preventive and Adapted Motor Activities.
- Any levels in the national classification Vote 30 cum laude

ISTRUZIONE E FORMAZIONE CONI E FEDERAZIONI SPORTIVE

- Date 19/04/2007
- Name and type of educational or training institution **FIDAL** Italian Athletics Federation CONI

<ul style="list-style-type: none"> • Qualification or certificate achieved 	Specialist coach in speed/hurdles athletics
<ul style="list-style-type: none"> • Any levels in the national classification 	I national level
<ul style="list-style-type: none"> • Date 	25/01/2001
<ul style="list-style-type: none"> • Name and type of educational or training institution 	FIGIC Italian Football Federation
<ul style="list-style-type: none"> • Qualification or certificate achieved 	Basic Coach
<ul style="list-style-type: none"> • Any levels in the national classification 	Diploma B UEFA
<ul style="list-style-type: none"> • Date 	1998-2000
<ul style="list-style-type: none"> • Name and type of educational or training institution 	FIN Italian Swimming Federation - CONI
<ul style="list-style-type: none"> • Qualification or certificate achieved 	Swimming Instructor
<ul style="list-style-type: none"> • Any levels in the national classification 	II Level
<ul style="list-style-type: none"> • Date 	26/02/1991-1996
<ul style="list-style-type: none"> • Name and type of educational or training institution 	FIP Italian Federation Basketball
<ul style="list-style-type: none"> • Qualification or certificate achieved 	Regional Technician e
	Basketball referee

TEACHER AND SPEAKER AT CONFERENCES, COURSES AND NATIONAL AND INTERNATIONAL FORUMS

21-22 October 2022 – Cluj Napoca – Romania

Conference ICU Fifes 2022 - The 8th International Conference of the Universitaria Consortium “Education for Health and Performance” presso Università Babes Bolyai – Faculty of Physical Education and Sport

Study presentation entitled: REACTION TIMES, AGILITY AND BODY MASS INDEX: DIFFERENCES BETWEEN BOYS AND GIRLS IN MULTISPORT.

Nicola Mancini^a, Emilia Florina Grosu^a, Nicole Maussier^a, Dario Colella^b

^aFaculty of Physical Education and Sports, "Babes Bolyai" University, Cluj-Napoca 540142, Romania;

^bDist eBa Department of Biological and Environmental Sciences and Technologies, Salento University, Lecce 73100, Italy

15-16 September 2022, Targu-Jiu Romania

Conference FIEPS – 10th Edition of International Scientific Conference – “The Infinity of Human Performance”

Study presentation entitled: RELATIONS BETWEEN AGILITY TESTS AND MOTOR REACTION TIMES IN YOUNG SPORTSMEN.

Nicola MANCINI^a, Vlad Teodor GROSU^b, Dario Colella^c

^aFaculty of Physical Education and Sports, "Babes Bolyai" University, Cluj-Napoca 540142, Romania;

^bFaculty of Industrial Engineering, Robotics and Production Management, Technical University, Cluj-Napoca, Romania;

^cDist eBa Department of Biological and Environmental Sciences and Technologies, Salento University, Lecce 73100, Italy

Platform Zoom – 10 december 2022

Trainer CONI SRDS Puglia (Region of Italy) - Instructor preparatory course of the Italian Roller Sports Federation (FISR-CONI)

Topics covered: The basics of performance and the design and evaluation of sports training. Sports performance factors (structural and functional). The anatomical and physiological bases of movement: general notes on organs and systems. Analysis of the concept of "performance model" (general aspects)

Platform Zoom – 14 december 2022

Trainer CONI SRDS Puglia (Region of Italy) - 2nd level preparatory course for Fidal technicians (Coaches)

Topics covered: The system of motor skills: organic (conditional) and coordinative muscles - general notes

Platform Zoom – 19 october 2022

Trainer CONI SRDS Puglia (Region of Italy) - Preparatory course for Italian Sailing Federation Instructors (FIV- CONI)

Topics covered: Teaching methodology. Definition and classification of coordinating and conditional skills. sensitive stages. Strengthening of coordination and conditional skills through the development of motor activities. Analysis and problems of youth training. Conditional Abilities with reference to youth training.

Bari, 10 april 2015

Trainer CONI SRDS Puglia- Preparatory course for Italian Weightlifting Federation Instructors (FIPE-CONI)

Topics covered: Biomechanics of physical and sports movement

Bisceglie (Ba) 21 october 2011

Speaker: National Conference Puglia Committee: Italian Association of Football Athletic Trainers: the evaluation between performance and prevention.

Speech on the theme: "Evaluation: new tools and new applications (accelerometers and motion analysis)"

Manfredonia, 17 december 2009

Speaker: 1° Sports management conference -

Seminar: Sport, Movement and Health organized by the Degree Course in Motor and Sport Activity Sciences.

Speech on the theme: "Biomechanics and sport"

Foggia, 08 April 2006

Speaker: Technical update forum on Speed specialties intended for FIDAL-CONI technicians of Basilicata - Campania - Calabria - Campania - Molise - Abruzzo - Puglia at the Aula Magna Degree Course in Motor Sciences

Speech on the theme: "Speed training from physiological aspects to training methodology"

PUBLICATIONS

- 1) **Mancini N**, Mancini S, Grosu E,F. Effects of integrated training with the use of action perception light sensors on agility, quickness and motor reaction in female volleyball players. *Italian Journal of Health Education, Sport and Inclusive Didactis* ISSN: 2532-3296.V.7, N.2 (2023) <https://doi.org/10.32043/gsd.v7i2.846>
- 2) Moscatelli F, Toto G, Valenzano A, Cibelli G, Monda V, Limone P, **Mancini N**, Messina A, Marsala G, Messina G, Polito R. High frequencies (HF) repetitive transcranial magnetic stimulation (rTMS) increase motor coordination performances in volleyball players. *BMC Neuroscience* ISSN: 1471-2202. 23 May 2023. doi: 10.1186/s12868-023-00796-2
- 3) Fiorenzo Moscatelli, Giusi Toto, Antonietta Messina, Marcellino Monda, Vincenzo Monda, Giuseppe Cibelli, Anna Valenzano, **Nicola Mancini**, Gabriella Marsala, Maria Ida de Stefano, Pierpaolo Limone, Giovanni Messina, Rita Polito. Evaluation of Orexin-A salivary levels and its correlation with attention after non-invasive brain stimulation in volleyball players.
Under review in International Journal of Molecular Sciences –MDPI, ISSN: 1422-0067
- 4) Fiorenzo Moscatelli, Giuseppe Cibelli, Anna Valenzano, Vincenzo Monda, Giovanni Messina, Chiara Porro, Gabriella Marsala, **Nicola Mancini**, Maria Antonietta Panaro, Antonietta Messina, Rita Polito. Dorsal lateral prefrontal cortex (DLPFC) stimulation improves reaction time and percentage of errors in volleyball players. **Under review in Sports - MDPI, ISSN: 2075-4663**
- 5) **Mancini N**, Colella D, Grosu V. T. Relations between agility tests and motor reaction times in young sportsmen. Proceedings of the 10th Edition of International Scientific Conference; “The infinity of human performance”; September 15-16, 2022 Targu – Jiu; Academica Brancusi” Publishing House, 2022, ISSN 2344 – 1003; ISSN–L 2344 – 1003.
<https://www.utgjiu.ro/feffs/cercetare/2022/MANCINI.pdf>
- 6) **Mancini N**, Grosu E, F., Maussier N. , Colella D. Reaction times, agility and body mass index: differences between boys and girls in multisport. 8th International Conference “Education for health and performance” organized by the Universitaria Consortium. Cluj-Napoca, Romania, October 21-22, 2022
- 7) Colella D, Monacis D, d’Arando C, **Mancini N**, Massari F. (2023). The learning of motor competencies through different teaching styles. Analysis of the behavior of the Physical Education teacher in secondary school. XIII National Congress SISMES: Research and Training Applied to Motor Sciences, Milan (Italy) 4-6 November 2022. *Sport Sci Health* (2023) 19 (Suppl 1):S1–S149. <https://doi.org/10.1007/s11332-022-01027-7>
- 8) Colella D., Monacis D., Cinquepalmi D., **Mancini N.**(2022). Physical education and motor skills in primary school: the SBAM project! – Health Wellness Nutrition, Movement at school. *Science*

and Movement, N. 28 January-March 2022 (pp. 35-49)

- 9) Monacis, D., **Mancini, N.**, d'Arando, C. & Colella, D., Non-linear learning and teaching styles in physical education and sport. A new paradigm for Teachers?, nell'ambito della sessione tematica "Benessere psicofisico, educazione motoria e sportiva ed embodiment", Research on Educational Neuroscience (REN), 30-31 marzo 2021, virtual conference.
- 10) F. Moscatelli, **N. Mancini**: Biomechanics of Sprint Running: a methodological contribution Annals of research in sport and physical activity (Faculty of Sport Sciences and Physical Education, University of Coimbra) 1 Novembre 2013, pp. 83-86.
- 11) Colella, D., **Mancini, N.** (2017). Interventions for the promotion of motor activities in primary schools in Italy. The SBAM project. Results of the first monitoring of motor development. In D. Colella, B. Antala, S. Epifani (Eds.) Physical education in primary school. Researches – Best practices – Situation (pp.67-82). Lecce, Pensamultimedia, ISBN: 978-88-6760-474-6.
- 12) **Mancini N.**, Codazzo A., Colella D., (2016), Motor development and execution times of the anterior kick of young Taekwondo athletes, Sport science for health, 12 (Suppl 1): 200 MLP
- 13) Codazzo A., **Mancini N.**, Colella D., (2016), Reaction times and movement times. Difference between black belt vs novice taekwondo athletes. Sport science for health, 12 (Suppl 1):202MLP
- 14) D. Colella, C. d'Arando, **N. Mancini**, (2016). Physical education in primary school. Study on motor performances, physical self-efficacy and Body Mass Index for monitoring interventions, Sport Science for health, 12 (Suppl 1): 68 PE P
- 15) Codazzo A., **Mancini N.**, Colella D., (2015), Motor control, reaction times and movement times in Taekwondo. Difference between amateur and elite athlete. Sport science for health, 11\ (Suppl 6):211 MLP
- 16) **N. Mancini** (2003). Special between wind and waves, Study on heart rate variation in kitesurfing subjects. Sport and Medicine, Edi. Ermes s.r.l.- Milan, Number 3, May-June 2003, pp 25-29.
- 17) **N. Mancini** (2003). Special between wind and waves, Kites on the sea. Sport and Medicine, Edi. Ermes s.r.l. Milan, Number 3, May-June 2003, pp 20-23.
- 18) Colella, D., **Mancini, N.**, Massari, F., Sirressi, A. (2017). SBAM program in primary school in Italy for the development of motor activities and physical education. Monitoring motor development, physical self-efficacy and enjoyment. In Bund, A. & Scheuer, C. (Eds.) Change in childhood and adolescent: current challenges for physical education. Proceedings of the 12th FIEP European congress, Berlin: Logos Verlag Berlin GmbH, pp. 271-272. ISBN: 978-3 8325-4538-3
- 19) Colella D., **Mancini N.**, Piccinno A., Simonetti C., (2015) Assessment of levels of physical activity and of the motor development in childhood. An observatory for school, health, sport, Sport science for health, 11 (Suppl 6):225 PEP

- 20) Colella D., **Mancini N.**, Massari F., Di.Molfetta D., (2015), Physical education, motor development and health promotion in primary school, Sport science for health, 11 (Suppl 6):5 PEO
- 21) Colella D., **Mancini N.**, Massari F., Colonna C., Sirressi A., Donno M.G., Liverini S., Physical education and health promotion at school. The SBAM Program, communication at the national conference " Gain Health ",Orvieto22.23-10, 2014. Book of abstract, p.54.
- 22) Colella D., Epifani S., **Mancini N.**, Simonetti C. (2014), Fundamental motor skills assessment with TGMD-2 and of the physical activity levels of children in relation to Body Mass Index, Sport science for health, 10 (Suppl1):S3-4
- 23) D. Di Molfetta , **N. Mancini**: Photogrammetric biomechanical analysis as a functional evaluation tool in running. Athletics Studies 4.2002 (Quarterly of Scientific Research & Technique applied to Athletics), vol.35, pp.17-30
- 24) Written contribution: Evaluation and motor activities, research-action experiences for teaching in youth centers – EDINOVA, C.O.N.I. Puglia – 1999,pp.120-121;146-153