

Curriculum Vitae – Alexandra Sidor (Onișor)

Contact information

Fist Name/Last Name Alexandra Sidor (Onișor)
Home address Cluj-Napoca, 400177
Nationality Romanian

Work experience

Period	2016-present
Position	Research assistant
Organization	Department Public Health - College of Political, Administrative and Communication Sciences - Babeș-Bolyai University Cluj-Napoca, Romania Pandurilor 7, Cluj-Napoca, 400376
Period	2011 - present
Position	Research assistant
Organization	Center for Health Policy and Public Health - College of Political, Administrative and Communication Sciences - Babeș-Bolyai University Pandurilor 7, Cluj-Napoca, 400376
Period	2019 - present
Position	Certified Member of the Motivational Interviewing Network of Trainers
Organization	Motivational Interviewing Network of Trainers (MINT)
Period	May – December 2015
Position	Trainer in the project POSDRU/182/2.3/5/152906: CaliTex Continuous vocational training for employees of the North-Western and Central part of Romania
Organization	Association Center for Health Research Aghireșu Fabrici 157, Cluj-Napoca, 407010
Period	August - December 2015
Position	Research assistant
Organization	Center for International Rural Environmental, Health Department of Occupational and Environmental Health University of Iowa 105 River Street, 5300 CPHB Iowa City, Iowa, 52242 319-335-4415
Period	2013
Position	Trainer in the project POSDRU/110/5.2/G/88428: Entrepreneurship in rural areas
Organization	Association Center for Health Research Aghireșu Fabrici 157, 407010, Cluj-Napoca

Curriculum Vitae – Alexandra Sidor (Onișor)

Education and training

Period	October 2015 – present
Program	Doctoral School of Administration and Public Policies, Domain: Public Administration
Organization	College of Political, Administrative and Communication Sciences - Babeș-Bolyai University, Cluj-Napoca, Romania
Period	September 2019
Program	Train of New Trainers workshop
Organization	Motivational Interviewing Network of Trainers
Period	July 6, 2016 - May 24, 2017 - May 2018
Program	Introductory, Intermediate Advanced workshops on Motivational Interviewing held by Ken Resnicow
Organization	Department of Public Health - College of Political, Administrative and Communication Sciences - Babeș-Bolyai University, Cluj-Napoca, Romania
Period	2014-2015
Program	Research Training: Socio-Economics of Mental Health Service Delivery in Southeastern Europe
Organization	Fogarty International Training Conference University of California, Berkeley, USA
Period	2013
Program	Motivational Interviewing Skill-Building Webinar Series
Organization	Health Sciences Institute, US
Period	2013
Program	Fogarty International Training Program
Organization	Center for International Rural Environmental, Health - Department of Occupational and Environmental Health- College of Public, Health - University of Iowa
Period	2012
Program	Trainer certificate
Organization	EduExpert Training Center
Period	2009-2011
Program	Master in School counseling
Organization	Faculty of Psychology and Educational Sciences - Department of Psychology - Babeș-Bolyai University
Period	2006 – 2009
Program	Bachelor in Psychology
Organization	Faculty of Psychology and Educational Sciences - Department of Psychology - Babeș-Bolyai University

Curriculum Vitae – Alexandra Sidor (Onișor)

Projects

Period	October 2020 – July 2022
Project title	A Smartphone Intervention for Pregnancy Smoking Cessation with Peer Support
Financing	Eunice Kennedy Shriver National Institute of Child Health & Human Development
Grant number	R21HD103039
Position	Research assistant (App content developer using Motivational Interviewing; Developer of the counseling protocol; Trainer and supervisor of the counseling sessions)
Period	January – October, 2020
Project title	Mobile Health Intervention for Family Smoking Cessation in Romania,
Financing	National Institutes of Health (NIH)
Grant number	MSU Contract Number 1R21TW010896-01; Sub-award no. RC108046BBU
Position	Principal Investigator
Period	January – June, 2020
Project title	Interdisciplinary study on young people's needs and opportunities assessment in Cluj-Napoca, Romania (LEAP)
Financing	Foundation Botnar
Grant number	OOG-19-051
Position	Co-Principal Investigator
Period	2018-2019
Project title	Mobile health intervention for family smoking cessation in Romania
Financing	Fogarty International Center, U.S. National Institutes of Health (NIH)
Grant number	1R21TW010896
Position	Research assistant (App content developer using Motivational Interviewing; Developer of the MI counseling protocol; Trainer and supervisor of the counseling sessions)
Period	December-January, 2018
Project title	Strategic program of multidisciplinary training of medical personal in the early prevention and diagnosis of HBV and HBC and of their comorbidities (Ro., Program strategic de formare multidisciplinara (clinica si ecografica) a personalului medical în prevenția si diagnosticul precoce al hepatitelor cronice virale B si C si a complicațiilor acestora: ciroza hepatica si cancerul hepatic)
Financing	European Union, Romanian Government, Structural Instruments 2014-2020
Grant number	POCU 91/4/8/107919 SONOHEPAPREVENT
Position	Trainer

Curriculum Vitae – Alexandra Sidor (Onișor)

Period	2018
Project title	A mHealth intervention top prevent smoking relapse after pregnancy
Financing	Executive Unit for Financing Higher Education, Research, Development
Grant number	PN-III-P4-ID-PCE-2016-0632
Position	App content developer using Motivational Interviewing
Period	2017-2019
Project title	Smoking cessation in Romanian families using pregnancy as a window of opportunity
Financing	Fogarty International Center, U.S. National Institutes of Health
Grant number	1K01TW009654
Position	Research assistant (Motivational Interviewing trainer)
Period	2017
Project title	Multi-agency response for reporting of GBV in maternal health services
Financing	CHAFEA - DJ Justice
Grant number	JUST/2015/RDAP/AG/MULT/9746
Position	Research assistant
Period	2015-2018
Project title	Joint action on nutrition and physical activity (JANPA)
Financing	Consumers, Health, Agriculture, and Food Executive Agency (CHAFEA)
Grant number	677063
Position	Research assistant
Period	2015-2017
Project title	Community participation for reducing the burden of cancer: stakeholders' involvement in facilitating the return to work of cancer patients
Financing	UEFISCDI
Grant number	PN-II-RU-TE-2014-4-0478
Position	Research assistant
Period	2016
Project title	Development of the European Guide on Quality Improvement in Comprehensive Cancer Control (CanCon)
Financing	Consumers, Health, Agriculture, and Food Executive Agency (CHAFEA)
Grant number	2013 2203
Position	Research assistant
Period	2015-2016
Project title	Improve the Mental Health Referral System in Oncology Care (IMeRS)
Financing	University of California, Berkeley
Grant number	5D4304
Position	Principal Investigator

Curriculum Vitae – Alexandra Sidor (Onișor)

Period	2013-2016
Project title	Postnatal smoking relapse, its associated risk factors, and a proactive sustainable preventive intervention (PRISM)
Financing	UEFISCDI
Grant number	PN-II Grant PN-II-RU-TE-2012-3-0209
Position	Motivational Interviewing Counselor
Period	May – December 2015
Project title	CalITex Continuous vocational training for employees of the North-Western and Central part of Romania
Financing	Association Center for Health Research Aghireșu Fabrici 157, Cluj-Napoca, 407010
Grant number	POSDRU/182/2.3/S/152906
Position	Trainer
Period	2014-2015
Project title	Develop and Validate a Nutrition Literacy Scale for Adolescents (NiLSA)
Financing	University of Iowa
Grant number	Sub - award of the Award Number D43 TW008308
Position	Principal Investigator
Period	2013
Project title	Entrepreneurship in rural areas
Financing	Association Center for Health Research Aghireșu Fabrici 157, 407010, Cluj-Napoca
Grant number	POSDRU/110/5.2/G/88428
Position	Trainer
Period	2013-2014
Project title	Development of a nutritional literacy intervention for Romanian adolescents (ANARo)
Financing	Babeș-Bolyai University
Grant number	GTC 34067/01.11.2013
Position	Principal Investigator
Period	2011-2014
Project title	Promotion of young people's mental health through technology-enhanced personalization of care (PRO-YOUTH)
Financing	Consumers, Health, Agriculture, and Food Executive Agency (CHAFEA)
Grant number	20101209
Position	Research assistant

Curriculum Vitae – Alexandra Sidor (Onișor)

Published scientific papers

Onișor A., Dascăl M.D. (2021). Improving mental health care for cancer patients from Romania at risk for moderate to severe psychological distress in Cătălin C. BABA, Călin E. HINȚEA, Bogdana NEAMȚU, Evoluții și tendințe în studiul administrației publice din România. Viziunea tinerilor cercetători, *Accent*, ISBN 978-606-561-253-267.

Dascal MD, Rusu A, **Onisor A**, Blaga OM, Miller M, Meghea C. (2020) An mHealth intervention to prevent postnatal smoking relapse: The RESPREMO study protocol. *Tobacco Prevention & Cessation*, 6: 24

Popa, A. E., Morândău, F., Popa, R. I., Rusu, M. S., & **Sidor, A.** (2020). Supporting the Return to Work After Cancer in Romania: Exploring Employers' Perspectives. *Journal of occupational rehabilitation*, 1-13.

Vin, K., Beziat, J., Seper, K., Wolf, A., **Sidor, A.**, Chereches, R., ... & Ménard, C. (2020). Nutritional composition of the food supply: a comparison of soft drinks and breakfast cereals between three European countries based on labels. *European journal of clinical nutrition*, 1.

Rusu, C., Wallace, R. D., Coman, M., Costea, V., **Sidor, A.**, Pop, C., & Navsaria, D. (2019). Attitudes and practices of pre-reading and early childhood literacy promotion among family physicians in Romania. *Journal of Early Childhood Literacy*, 19 (4), 459-486.

Onișor, A., Petrescu, M. D., & Baba, C. (2018). Barriers of Providing Psychosocial Care in the Cancer Treatment Facilities from Albania, Republic of Moldova, Romania and Serbia. *Trasilvanian Review of Administrative Sciences*, 20(43), 70-91.

Meghea C.I., Brînzaniuc A., **Sidor A.**, Cherecheș R.M. et al. (2018) A couples-focused intervention for smoking cessation during pregnancy: The study protocol of the Quit Together pilot randomized controlled trial. *Tobacco Prevention & Cessation*, 4:17

Sidor, A., Cherecheș, R. M., & Costea, V. A. (2017). Adolescents' Needs Towards School-Based Nutrition Interventions. *Romanian Journal of Diabetes Nutrition and Metabolic Diseases*, 24(1), 21-30.

Marulescu, I., & **Sidor A.** (2017). Dieticians' perspectives on tailoring nutrition interventions for Romanian adolescents. *Management in Health*, 21(1)

Escoto, A., Petruscu, M., **Sidor, A.** (2017). Perceived barriers to mental health care in oncology settings throughout southeastern Europe. In *PSYCHO- ONCOLOGY* (Vol. 26, pp. 73-73). 111 RIVER ST, HOBOKEN 07030-5774, NJ USA: WILEY

Petrescu MD, Escoto A, **Sidor A.** Barriers in accessing mental health services for cancer patients in South-Eastern Europe in Tan, S. W., Fraser, C., & Chonghaile, T. N. (2017). Conference for

Curriculum Vitae – Alexandra Sidor (Onișor)

Healthcare and Medical Students (ICHAMS). In BMC proceedings (Vol. 11, No. 4, p. O1).

Meghea, C. I., Brînzaniuc, A., Mișu, D., Luhas, C. I., Stamatian, F., Caracostea, G., **Sidor A.**, ... & Cherecheș, R. M. (2015). A couple-focused intervention to prevent postnatal smoking relapse: PRISM study design. *Contemporary clinical trials*, 41, 273-279.

Sidor, A., Baba, C. O., Marton-Vasarhelyi, E., & Chereches, R. M. (2015). Gender differences in the magnitude of the associations between eating disorders symptoms and depression and anxiety symptoms. *Journal of Mental Health*, 24(5):294-298.

Bloom J.; **Sidor A.**; Duric P.; Chihai J.; Como A.; Hranov G.; Chereches R.M (2015). Mental health care in oncology settings in south-eastern Europe (SEE): Perspectives of patients, oncology clinicians and mental health practitioners. *Psycho-Oncology (suppl)*, 24: 277.

Sidor, A., Baba, C.O., Marton-Vasarhelyi, E.O., Chereches, R.M. (2014). Gender differences in comorbidities of eating disorder, By: Sidor, *European Journal of Public Health Supplement*, 24 (suppl 2): 161

Sidor, A., Neagu, D., Brînzaniuc, A., Rus, I., & Cherecheș, R.M. (2012). Health information seeking behaviors and related parental sun exposure attitudes and practices: a pilot study in Cluj-Napoca, Romania, *European Journal of Public Health Supplement* , 22(suppl 2): 126-295

Conference participation

Period	June, 2019
Conference	Third Edition of the International Conference on Non-Communicable: Diseases-Health Risk Factors and Prevention of Injuries and Diseases (ICONIC)
Abstract title	Mental health service use by newly diagnosed cancer patients in Serbia
Presentation	Poster
Authors	Marcu A., Onisor A. , Chereches R.M
Period	June, 2019
Conference	Third Edition of the International Conference on Non-Communicable: Diseases-Health Risk Factors and Prevention of Injuries and Diseases
Abstract title	Usage of the NCCN Distress Thermometer and Problem List in patients accessing one cancer facility in Moldova
Presentation	Oral
Authors	Dascal M., Onisor A. , Chereches R.
Period	November 16-18, 2018
Conference	Transylvanian International Conference in Public Administration 3rd

Curriculum Vitae – Alexandra Sidor (Onișor)

- edition, Cluj-Napoca, Romania
- Abstract title Improve the mental health referral system in oncology care
Presentation Oral
Authors **Onisor A**
- Period November 2-4, 2017
Conference Transylvanian International Conference in Public Administration, Cluj-Napoca, 2nd edition
- Abstract title Improve the mental health referral system in oncology care
Presentation Oral
Authors **Sidor A.**
- Period November 2-4, 2017
Conference Transylvanian International Conference in Public Administration, Cluj-Napoca, 2nd edition
- Abstract title Joint Action opportunities: approaching rare cancers (JARC)
Presentation Oral
Authors Diaconu R., **Sidor A.**
- Period 15-18 February, 2017
Conference 14th American Psychosocial Oncology Society (APOS) Annual Conference
- Abstract title Perceived barriers to mental health care in oncology settings throughout southeastern Europe.
Presentation Poster
Authors Escoto, A., Petrescu, M., **Sidor, A**
- Period 16-18 February, 2017
Conference 6th International Conference for Healthcare and Medical Students (ICHAMS)
- Abstract title Barriers in accessing mental health services for cancer patients in South-Eastern Europe
Presentation Oral
Authors Petrescu MD, Escoto A, **Sidor A**
- Period 29 September – 1 October, 2016
Conference New Societies, Old Minorities/New Minorities, Old Societies? The 4th International Conference of the Romanian Sociological Society (RSS)
- Abstract title Barriers in returning to work of Romanian cancer survivors: employers' perspectives
Presentation Oral
Authors **Sidor A.**
- Period July 28 – August 1, 2015
Conference International Psycho-Oncology Society and the American Psychosocial Oncology Society Annual Conference
- Abstract title Mental health care in oncology settings in south-eastern Europe (SEE): Perspectives of patients, oncology clinicians and mental health practitioners.
Presentation Poster
Authors Bloom J.; **Sidor A.**; Duric P.; Chihai J.; Como A.; Hranov G.;

Curriculum Vitae – Alexandra Sidor (Onișor)

	Chereches R.M
Period	May 19 - 20, 2015
Conference	1st International Conference on Non-communicable Diseases, Cluj-Napoca, Romania
Abstract title	Individual and Environmental Determinants of Food Consumption in Adolescents
Presentation	Oral
Authors	Costea V., Sidor A
Period	May 19 - 20, 2015
Conference	1st International Conference on Non-communicable Diseases, Cluj-Napoca, Romania
Abstract title	Are food preferences and availability of healthy and unhealthy food in the house important determinants of adolescents' food choices?
Presentation	Oral
Authors	Vasilescu L., Coman M.A., Sidor A. , Pop O.M
Period	2014
Conference	3rd European Conference on Mental Health – Looking for Evidence Together, Tallinn, Estonia
Abstract title	Let's focus on bulimia!
Presentation	Poster
Authors	Sidor A. , Alexa, P.M., Cionca, E., Ionel, S.M., Pop, C
Period	March 21–23, 2013
Conference	International Interdisciplinary Eating Disorders and Obesity Conference, Prague, Czech Republic
Abstract title	Comorbidities of eating disorders among adolescents. Results from participants registered on the Romanian ProYouth information and support portal
Presentation	Oral
Authors	Sidor A. , Zlati A., Marton O.E., Cherecheș, R.M
Perioada	November 8–10, 2012
Numele conferinței	5th European Public Health Conference All Inclusive Public Health Portomaso, St. Julian's, Malta
Numele lucrării	Health information seeking behaviors and related parental sun exposure attitudes and practices: a pilot study in Cluj-Napoca, Romania
Tipul de prezentare	Poster
Autori	Sidor A. , Negură D., Brînzaniuc A., Rus I.A., Cherecheș, R.M
Period	June 27, 2012
Conference	Public Health and Social Services: Education and Practice Conference, Tblisi, Georgia
Abstract title	The risk of eating disorders onset in adolescents enrolled on the online ProYouth Platform: preliminary findings from Romania
Presentation	Oral
Authors	Sidor A. , Zlati A., Marton O.E., Cherecheș, R.M

