

Naomi Weitz

Dance-Movement psychotherapist

Cognitive Behavioral Therapist

Phone: _____

Email: _____

Address: _____

PROFESSIONAL EDUCATION

• ***M.A: Master of Arts in Expressive and Arts Therapy.***

LESLEY University, Cambridge, Massachusetts .U.S.A, 2000

- **Major: Dance and movement therapy**
- Thesis Topic: music and authentic movement.
- 2 years practicum requirement: "**Pardesia**"- psychiatric hospital.

• ***B.A: Bachelor of Arts in Special Education (Honors)***

Minor in *Education Administration*

BAR ILAN University, Israel. 1994

Teaching Certificate- Special Education, BAR ILAN University, Israel. 1994

• **Cognitive Behavioral Psychotherapy**, BAR ILAN University. 2010-2013.

- **REBT ALBERT ELLIS INSTITUTE**, Primary training course. 2013
- Practicum: Psychiatry Intern-CBT. Anxiety and psychosomatic department
"Geha" Mental Health Center 2013-2014
"Meisharim"- Special Needs State School, Shoham. 2010-2013

Articles and Publications Related to the PhD Thesis

- Weitz, N. (2018). The Importance of Dance Movement Therapy in general and child therapy. *The European Proceedings of Social & Behavioural Sciences, XLI* (June 2018), *Future Academy*, 375-382.
<https://www.futureacademy.org.uk/files/images/upload/ERD2017F44.pdf>
- Weitz, N., & Opre, A. (2019). The effectiveness of DMT-CBT combination in Anxiety Disorders treatment: therapists' perceptions. *The European Proceedings of Social & Behavioural Sciences, LXIII* (June 2019), *Future Academy*, 600-606.
<https://doi.org/10.15405/epsbs.2019.06.72>
- Weitz, N., & Opre, A. (2019). Therapists' perceptions: Added values of DMT and CBT for children with Ads. *Psychologia-Pedagogia*, 64(1), 5-22.
<http://studia.ubbcluj.ro/download/pdf/1241.pdf>
- Weitz, N., & Opre, A. (2019). Therapists' Attitudes towards the combined DMT and CBT treatment of children with Anxiety Disorders (Submitted to: *Cognition, Brain, Behavior. An Interdisciplinary Journal*).
- Weitz, N., & Opre, A. (2019). Combining DMT with CBT in Treatment of Children with Anxiety Disorders: Factors Explaining Therapists' Attitudes (Submitted to: *American journal of Dance Movement Therapy*).

International conference presentation:

- Weitz, N. (2017). *The importance of Dance Movement Therapy in general and child therapy*. Education, Reflection, Development – 5th edition, Cluj-Napoca.
- Weitz, N. (2018). The effectiveness of DMT-CBT combination in Anxiety Disorders treatment: therapists' perceptions. Education, Reflection, Development (6th edition), Cluj-Napoca.
- Weitz, N. (2018). *When DMT meets CBT*. Annual Expressive Arts Therapies Conference. Ramat-Gan, Israel.
- Weitz, N. (2018). *Between and beyond – when DMT meets CBT*. A Poster presentation at the 3rd EADMT international Conference Crossing Borders and the In-Between: DMT at the Leading Edge. Athens, Greece.

WORK EXPERIENCE

2012-present

Instructor, mentor and lecturer in the field of Expressive Arts therapies based CBT (ministry of education and the Open University)

2002- 2016

Therapist at "Meisharim"- Special education State School, Shoham, Israel.
A school for behavioral and emotional disorders, ages 12-21.

1999-2010

Special Education in elementary State Schools
Therapy for children with learning disabilities and ADHD

1999-2005

ASD Kinder gardens
Therapy for ASD children.

2005-present

Private clinic that helps treating children and teenagers through Expressive arts therapy and cognitive behavioral psychotherapy.

GUIDANCE AND TEACHING EXPERIENCE

• Guidance and supervision, Ministry of Education

For Art therapists, 2012- present

And Cognitive Behavioral Therapists, 2017- present

- **Department of Social Work-
Tel-Aviv University.**
CBT Guidance for Faculty lecturers, 2014.

- **"Psagot" - CBT academic studies**
Open University- Ramat Gan,
Senior Lecturer, 2016-present

- **Lecturer at the annual 'Yahat' (Israeli Expressive Arts Therapists association)
conferences**
On the connection between CBT and DMT, February 2015, 2018, 2019

MEMBERSHIPS

- **The Israeli Association for CBT, 2013- Present**
Based and recognized by EABCT European Association for Behavioral and Cognitive Therapies
- **'Yahat' (Israeli Expressive Arts therapists association), 2000-Present**