

Resume

Name: Yifat Shalem-Zafari

Education:

Academic Studies:

2015-2019 Doctorate candidate BABES-BOLYAI University

1999-2002 Lesley College (Israel)

M.A. in Creative Arts Therapy, Dance Movement Therapy

M.A. Thesis "A Story of Personal Mythology: A New Perspective on Dance Movement Therapy with Obsessive Compulsive Disorder". The thesis was successfully examined (Grade: A). The study consisted of practice in the psychiatric facility "Eitanim", in Jerusalem.

1993-1997 The Rubin Academy of Music and Dance, Jerusalem

**B.Ed in Movement,
Teacher Certification**

Other:

2016 Course: Treatment coordinators. Ministry of Health

2015 Course: Therapy with Autistic Individuals. Ministry of Health

2014 Course: SandTray Therapy (Jung). Ministry of Health.

2014 Course: Treatment of Dual Diagnosis. Ministry of Health.

2012 Course : Treatment of Victims of Sexual Abuse. Ministry of Health and the Center for Sexual Abuse Victims.

2010 Snoozlan Course, for use with psychiatric population, 150 hours, in the Jerusalem Center for Mental Health.

2006 Year-long course on the First Year of Life, Kibbutzim College

2005-2007 Supervision course on Supervision in the Paolo Knill approach, Kibbutzim College.

2006-2010 Teacher training in the Body-Movement-Mind Paradigm of Yona Shachar-Levy.

2002-2005 Studies of the Body-Movement-Mind Paradigm of Yona Shachar-Levy.

2001 Year-long course in Bio-energetic Analysis, Lesley College (Israel).

1997-2000 Summer courses in Martial Arts (Aikido and Tai Chi), Alexander Technique, Improvisation and Contact, at The Rubin Academy of Music and Dance

Awards and Scholarships:

2000 Outstanding Employee, The Ross House Community Center.

List of Participation in Conferences:

Shalem-Zafari, Y. (2019). The contribution of a unique supervisory model to dance\movement therapy: (lecture). The wonders of emotional movement in body and soul. EpiMotorics Conference, Israel.

Shalem-Zafari, Y. (2017). The contribution of a unique supervisory model to novice dance\movement therapists: The pilot study (lecture). Education, Reflection, Development - fifth edition, Cluj-Napoca

Shalem-Zafari, Y. (2016). Can the Past Predict the Future in Three Steps? (lecture presenting the article, "Dance Movement Therapy, Past and Present: How History Can Inform Current Supervision"). Education, Reflection, Development - fourth edition, Cluj-Napoca

Shalem-Zafari, Y. (2016). Movement vs. Freeze in Fairytales & Therapy: Facilitating Freedom Along the Body-Mind Axis (workshop). Expressive Therapies Summit: Art-Drama-Music-Writing-Psychodrama-Dance-Play, seventh annual **N.Y. Summit**.

Shalem-Zafari, Y. (2014). Member of the Academic-Scientific Committee for the Conference of the Professional Union Y.H.T – "Integrated Media," Israel.

Shalem-Zafari, Y. (2012). From Disassociation to Integration (workshop exploring the body-motor elements of disassociation and the discovery of gateways for renewed anchoring in "the here and now"). Y.H.T. Conference, Israel.

03/13 Workshop at the Dance Division Seminar, "Parts of the Whole: Disassociation and Integration in Dance Movement Therapy".

Shalem-Zafari, Y. (2008). Mother and Baby and the Creative Dynamic Between Them (lecture and workshop). Y.H.T. Conference, Israel.

Shalem-Zafari, Y. (2005). Between the Physical and the Dissipating (workshop about combining movement and visual arts). Y.H.T. Conference, Israel.

List of Published Works

Shalem-Zafari, Y., & Grosu, E. (2016). Dance Movement Therapy, Past and Present: How History Can Inform Current Supervision. *The European Proceedings of Social & Behavioural Sciences EpSBS, Volume XVIII*, 663-672.

<https://www.futureacademy.org.uk/files/images/upload/ERD2016FA081F.pdf>

Shalem-Zafari, Y., & Grosu, E. (2017). The effect of the self-supervision model integrating Authentic Movement and Epimotorics' on self-efficacy among dance movement therapists. *STUDIA UBB EDUCATIO ARTIS GYMN.*, (LXII)4, pp. 5-17. DOI:10.24193/subbeag.62(4).29

<https://www.futureacademy.org.uk/files/images/upload/ERD2017F40.pdf>

Shalem-Zafari, Y., & Grosu, E. (2017). The contribution of a unique supervisory model to novice dance/movement therapists. *The European Proceedings of Social & Behavioural Sciences EpSBS: ERD 2017 Education, Reflection, Development, Fifth Edition*. Retrieved from

<https://www.futureacademy.org.uk/files/images/upload/ERD2017F40.pdf>

Shalem-Zafari, Y., & Grosu, E. (2018). The effect of a self-supervision model based on Authentic Movement and Epimotorics' on emotion-related physiological parameters among dance movement therapists. *STUDIA UBB EDUCATIO ARTIS GYMN.*, issue no. 2 / 2018. DOI: 10.24193/subbeag.63(2).14.

http://studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=2&an=2018&id_art=16104

Day-Seminars:

09.03.14 “Trauma, Disassociation and Eating Disorders as Aspects of Avoidance”. Lecture and workshop at the seminar of the Dance Division, Y.H.T.

- 2013** Workshop on **Secondary Traumatization**, for social workers at the Kfar Shaul Psychiatric Hospital in the Jerusalem Center for Mental Health.
- 2012** Lecture on **The connection between Post-partum Depression and Sexual Abuse**, for the staff at the Mental Health Station in Bet Shemesh.
- 2010** Workshop for the social work staff at the Jerusalem Center for Mental Health. At the annual seminar.
- 20/05/09** Workshop for School Counselors at the seminar of the Ministry of Education.
- 21/05/07** Lecture at the seminar of the Jerusalem Mental Health Center, “Eitanim”, **“Arts Therapies in Joint Mother-Infant Hospitalization”**.
- 06/12/06** Lecture at the National Seminar for Dance Movement Therapy at Y.H.T. Union **“The Space between the Madonna and Mother”**. Subject: **“The Mother-Infant Dyad in the treatment of mothers, sexual abuse victims, suffering from post-partum depression and hospitalized with the infant** at the psychiatric hospital “Eitanim”.
- 10/10/06** Lecture “Arts Therapies in Psychosis” at the Seminar of Y.H.T. Lecture title: **“Sexual Changes as serving the Psychosis”**.

Professional Experience:

Academic:

2015 -2017 Acting Head of Dance Movement Therapy Department
David Yellin Academic College of Education

2009-2010 Clinical Seminar at the University of Haifa in the M.A. track for Dance Movement Therapy.

2009 Supervisor for **Practicum** at the Michlala College for Therapist Training, in the Dance Movement Therapy track.

2008 to the Present Lecturer, David Yellin College, Dance Movement Therapy track. Courses:

1. “The Body-Movement Paradigm”
2. “Dyadic Elements as Therapeutic Keys”
3. “Introduction to Dance Movement Therapy”
4. “Body Movement Observation Methods”
5. Supervisor of Practicum in Supervision course.

2007 -2015 Lecturer, Michlala College for Therapist Training, in the Dance Movement Therapy Track. Courses:

1. “Dyadic Elements as Therapeutic Keys”
2. “Movement Observation, Therapeutic Understanding”

3. Clinical Seminar (2010).

2007 to the Present Lecturer, University of Haifa, the Department of Occupational Therapy, Course: "Introduction to Dance Movement Therapy".

2006 Lecture Series on the subject of: "The connection between action and emotional movement", the Department of Therapeutic Sports, Wingate.

2003-2004 Lecture Series on the subject of "The Meaning of Movement in the Developmental Process of the Child" for the Israeli Association of Community Centers.

Other:

2013: Lecture and Workshop: **The impact of treating sexual abuse victims on the therapist – Secondary Traumatization in the treatment of sexual abuse victims.** In a training course for the treatment of sexual abuse victims, for the staff of "Ruach Hamidbar – Desert Spirit".

2010 to the present: Summer Course "Eyes Wide Shut". Free association in movement.

2009-2012 Supervisor for the Expressive Arts Therapeutic Center for Children and Youth in the Gilo Neighborhood, Jerusalem. The Center treats children and youth at-risk and with severe emotional states. The staff provides therapy for the children and youth and offers guidance to their parents.

2008 Created a private clinic for therapy and supervision.

2005 Workshop integrating movement and visual arts, for the therapeutic staff, at the Mental Health Station, Kiryat HaYovel, Jerusalem

2003 to the Present Advisor for fieldwork for the University of Haifa, David Yellin College, Lesley College and Kibbutzim College.

2002 to the Present Coordinator for the Creative Arts Therapies at the Jerusalem Center for Mental Health (The center includes two hospitals, "Eitanim" and "Kfar Shaul" and about ten stations across Jerusalem and the surrounding area).

Dance Movement Therapist and Supervisor at the Jerusalem Center for Mental Health, "Eitanim", "Kfar Shaul".

Dance Movement Therapist and Supervisor in the Unit for Sexual Abuse Victims, "Kfar Shaul"

Supervisor at the Station for children and youth, Bet Shemesh (2010).

1999-2000 Movement workshops for blind children and youth. School for the Blind. (Jerusalem).

1999-2000 Creative Movement Courses that integrate parents and children. "Spiral" Studio. (Mevaseret).

1999-2005 Dance, Movement, and Body Awareness instruction, for the empowerment of children, youth and adults. Expressive movement and dance workshops for women. **“Journey to the woman’s world through movement”**.

1999-2005 Coordinator for special populations of children and youth, Ross House Community Center.

1999-2005 Project manager “Seeing with the heart” that integrates blind and seeing teens in community-service activities. The Jewish Agency, Ross House Community Center and The Jerusalem Fund.

Performances

16/6/11 “Tower” video-dance that explores this word through movement. Presented in an exhibit combining movement, sculpture, and illustration in the gallery “Agripas 12”. Choreography and performance: Yifat Shalem-Zafari.

20/3/08 Movement Performance based on Therapeutic Texts for the day-seminar “25 Years of the Paradigm”. Choreography and performance: Yifat Shalem-Zafari.

2004 Performance combining video-dance and sketching, a performance dealing with memory and the ways it is anchored in the body. Choreography and performance: Yifat Shalem-Zafari.

1999-2001 Performance combining movement and sculpture, a performance dealing with the experience of the emotional skin. Shown in the Betzalel Academy for the Arts, Jerusalem. Choreography and performance: Yifat Shalem-Zafari.

2000 “Armors” a performance combining movement and sculpture. A performance dealing with the parental holding as structuring identity. Shown in the festival “The Poetics of the Body”. At the Stage Theater, Jerusalem, and the Jerusalem Khan Theater. Choreography and performance: Yifat Shalem-Zafari.

1998-1999 Soloist, “Opus” company.

1997 “Sounds of the Space” an improvisational performance between a dancer and piano-player, exploring the meeting between the various artistic languages. Shown in the Tespis International Festival, and in the Jerusalem Khan Theater. Choreography and performance: Yifat Shalem-Zafari.

Diplomas and references upon request.