

Curriculum Vitae

Paul Lucian Szasz

Experiență – loc de muncă

2001 – în prezent: Laborant I – Departamentul de Informatică, Facultatea de Matematică și Informatică, Universitatea Babeș-Bolyai;
2018 – 2019; 2019 – 2020 – Psiholog, Programul ROSE STA Y! Facultatea de Matematică și Informatică, Universitatea Babeș – Bolyai;

Educație - studii

2013 – 2020, Doctorand, Școala Doctorală de Psihologie Cognitivă, coordonator prof. univ. dr. Mircea Miclea, Departamentul de Psihologie, Universitatea Babeș-Bolyai
2009-2011 – Master Tehnici psihologice de control al comportamentului și dezvoltarea potențialului uman, Fac. De Psihologie, Universitatea Babeș-Bolyai
2005 – 2009 – Licențiat în Psihologie, Facultatea de Psihologie și Științe ale Educației, UBB
1999 – 2001 – Școala Postliceala Louis Pasteur – Certificat de absolvire; Specializarea: Secretariat, Stenodactilografie - Operator Birotica/Calculatoare
1998 – Colegiul National George Coșbuc, Cluj-Napoca, Secția Matematică – Fizică

Formare continuă:

- Workshop: "Schema Focused Therapy" 21-23 July 2010, Jeffrey Young, Cluj-Napoca, Romania.
- 20-21 May, Functional Analysis and Motivational Enhancement, Behavioral Activation for Performance, Prof. Ph.D. Carl Lejuez, Maryland University. International Coaching Institute.
- Workshop: Behavioral Activation. Theory and Practice. Dr. Carl W. Lejuez, 9-10 June, Cluj-Napoca, Romania
- Clinical Cognitive Neurosciences – Challenges and solutions for pediatric neuroimaging, Making MR Imaging Child's Play: challenges and solutions for pediatric neuroimaging and clinical research. Nadine Gaab, PhD, Harvard Medical School, SUA, 1-2 June, Cluj-Napoca, Romania
- Workshop: Înțelegerea și controlul emoțiilor. Aurora Szentagotai PhD. "Tendinte Actuale si Perspective" National Conference of Psychology Students. 10 April, 2009
- Acceptance and Mindfulness Techniques in Cognitive Behavioral Psychotherapies. ZFPSE3, 25 March, 2009
- Advances in the Psychiatric Nosological Assessment. Clinical Structured Interviews; SCID I and SCID II. Prof. Michael First, M.D., Ph.D. 27-28 March, 2009

- Rational Emotive Behavioral Therapy in Children and Adolescents, Michael Bernard, PhD., Melbourne University, 5-9 February, 2009
- "Clinical Cognitive NeuroScience Project" Workshop-ul: "Utilizarea Combinată de EEG și a fMRI în Psihopatologie" Dr. Giorgio Bonmassar, Harvard Medical School, SUA, 27-28 January 2009
- Meeting of the Minds Conference Series "New Frontiers in Evidence Based Psychology" 7th – 9th November 2008 Cluj-Napoca.
- Obsessive-Compulsive Disorder. A problem of intensity and disability, Dr. Sharon Freeman, Dr. Aurora Szentagotai, International Congress of Cognitive and Behavioral Psychotherapies `Latini Dies` Cluj-Napoca, 29-30 September 2007
- Cognitive Behavioral Psychotherapy in Personality Disorders. Borderline Personality Disorder. Dr. Arthur Freeman. International Congress of Cognitive and Behavioral Psychotherapies `Latini Dies` Cluj-Napoca, 29-30 September 2007
- International Satellite Symposium of Third National Conference of Psychology „Developmental cognitive and affective neuroscience” 20-21 may 2006: Dr. Charles Nelson - Harvard Medical School, USA Dr. Nathan Fox – University of Maryland, USA Dr. Heather Henderson - University of Miami, USA, Dr. Leslie Carver – University of California
- Personality Disorders in Children and Adolescents, Dr. Arthur Freeman. Third National Conference of Psychology. Mai, 18-21 2006, Cluj-Napoca, Romania
- Helping Students Succeed. A Multiple Level Counseling Intervention. Glenn Hirsch, Ph.D., L.P. University of Minnesota, USA

Alte calificări:

2017 – Fotograf – Certificat de absolvire – poziție COR 343101, eliberat de Ministerul Muncii și Ministerul Educației;

2015 – Training foto Brașov– Oamenii in fotografie – Diploma Photolife;

Activități de cercetare:

2009 – 2010 Bursă de performanță Universitatea Babeș-Bolyai, rezultat cu articol de cercetare publicat in Jurnal cotate ISI factor de impact 5.02. Universitatea "Babeș-Bolyai", Cluj-Napoca, Romania. Supervizor: Aurora Szentagotai, PhD

- Alte burse de merit, studiu între 2008 – 2010.

Activitate de recenzare :

- Recenzor ad-hoc: Psychiatry Research (Elsevier), Canadian Journal of Behavioural Science (APA), International Journal of Environmental Research and Public Health (Open Access), Appetite (Elsevier), Cognitive Therapy and Research (Springerlink), Anxiety, Stress & Coping (Taylor Francis).

Activități de voluntariat:

2012 -2014 – Voluntar Organizația Minte Forte

Publicații:

Articole ISI:

Szasz, P. L., Coman, M., Curtiss, J., Carpenter, J. K., & Hofmann, S. G. (2018). Use of multiple regulation strategies in spontaneous emotion regulation. *International Journal of Cognitive Therapy*, 11(3), 249–261. <https://doi.org/10.1007/s41811-018-0026-9>.

Szasz, P.L., S.G., Hofmann, R.M., Heilman, J. Curtiss, (2016) Effect of Regulation anger and sadness on decision-making, *Cognitive Behaviour Therapy*, 45, 479-495.

Szasz, P.L., Szentagotai, A., & Hofmann, S.G.(2012). Effects of Emotion Regulation Strategies on Smoking Craving, Attentional Bias, and Task Persistence. *Behaviour Research and Therapy*, 50, 333-340. DOI:10.1016/j.brat.2012.02.010

Szasz, P.L. (2011). The role of irrational beliefs, brooding and reflective pondering, in predicting distress. *Journal of Cognitive and Behavioral Psychotherapies*. Vol. 11, No.1, March 2011, 43-55.

Szasz, P.L., Szentagotai, A., & Hofmann, S.G. (2011). The Effect of Emotion Regulation Strategies on Anger. *Behaviour Research and Therapy*, 49, 114-119. DOI:10.1016/j.brat.2010.11.011.

Szasz, P.L. (2009). Thought Suppression, Depressive Rumination and Depression: A Mediation Analysis. *Journal of Cognitive and Behavioral Psychotherapies*. Vol.9, No. 2, September 2009, 199-209.

Google Scholar: <http://scholar.google.com/citations?user=vQ0ArgQAAAAJ>