

Alina Ioana Cîmpean

Cluj-Napoca, Romania, EU

Education

- PhD: PhD Candidate at Doctoral School of Evidence-Based Assessment and Psychological Interventions (2014-present)
Babes-Bolyai University, Cluj-Napoca, Romania, Grade of University - A

Subject of research:
Psychology
- MA: Master of Human Behaviour Modification Techniques and Developemnt of Human Potential (2012-2014)
Babes-Bolyai University, Cluj-Napoca, Romania, Grade of University – A
- MA: Master of Human Resources (2012-2014)
Babes-Bolyai University, Cluj-Napoca, Romania, Grade of University – A
- BA: Psychology (2009-2012)
Babes-Bolyai University, Cluj-Napoca, Romania, Grade of University – A
- High School: (2005-2009)
Pedagogical High School, Targu Mures, Romania

Internship

- PhD research internship: (October 2015 - December 2015)
University of Leuven, Health Psychology Department, Leuven, Belgium

Work Experience and Publications

- Clinical Psychologist and Psychotherapist
- Research assistant 2015-2016
- Research assistant 2016-2017
- Research assistant 2017-2018

Cîmpean, A., & David, D. (2019). The mechanisms of pain tolerance and pain-related anxiety in acute pain. *Health Psychology Open*, DOI 10.1177/2055102919865161.

Cîmpean, A. I. (2019). A Pilot Study to Compare Cognitive Behavioral Therapy with Virtual Reality vs. Standard Cognitive Behavioral Therapy for Oncological Patients, *Journal of Evidence-Based Psychotherapies*, Vol. 19, No. 1, March 2019, 115-127.

David, D., Bizo, A., Cimpean, A. I., Oltean, H., Cardos, R., Soflau, R., & Negut, A. (2018). The effect of research method type on stereotypes' content: A brief research report. *The Journal of social psychology*, 158(3), 379-392.

David, O. A., & Cîmpean, A. (2018). Managerial coaching and rational leadership. In *Coaching for Rational Living* (pp. 325-341). Springer, Cham.

Cimpean, A. I., & Matu, S. A. (2018). PREDICTORS OF PAIN INTENSITY AND EMOTIONAL DISTRESS IN PATIENTS WHO SUFFER FROM CHRONIC PAIN. A BRIEF RESEARCH REPORT. *Journal of Evidence-Based Psychotherapies*, 18(1).

David, O. A., & Cîmpean, A. (2017). Evaluarea psihologica a copiilor si adolescentilor. In *Evaluarea psihologica. Manualul Psihologului Clinician*, (pp. 329-341). Polirom

Skills

- **Communication, Team-Oriented, Management**

Languages

- English: Advanced
- French: Basic